



## SAMANTHA HICKMAN, MA ATHR

Samantha is a HCPC-registered Art Psychotherapist and full member of the British Association of Art Therapists (BAAT). She qualified from LASALLE College of the Arts, Singapore (accredited by Goldsmith's University). She moved to Bath, UK, in 2019 and has lived in six different countries.

Sam became an art therapist to integrate her own creative practice into working with others. She believes passionately in the creative process to support mental well-being, empowering people to develop sustainable ways of coping. She utilises a wide range of art materials, including nature-based ways of working, to explore the creative process in a welcoming, confidential and non-judgemental space to foster insight, and awareness, whilst building resilience and new perspectives.